



**ST VIRGIL'S COLLEGE AUSTINS FERRY
CANTEEN WINTER PRICE LIST 2019**

**Effective from April 29th 2019. This is a new menu and price list, please disregard old menus.
This menu is part of the Cool Canteen Program for a GOLD ACCREDITATION AWARD
All prices & available foods may be subject to change**



**ST VIRGIL'S
COLLEGE**
A Catholic boys school in the Edmund Rice tradition

A limited Breakfast is Available from 8.20am

Toasted Sandwiches	} (prices as below)	
Hot Cheese Rolls		
Milo (when not available in the Quad)		\$1.00

HOT FOOD – Recess and Lunch

Meat Pie (Magnificent 7)	\$3.20
Sausage Roll (Low Fat)	\$2.30
Hot Cheese Roll	\$2.00
Garlic Focaccia	\$2.00
Pizza Slice (Ham & Pineapple or BBQ Chicken)	\$3.00
Toasted Cheese Sandwich	\$1.50
Toasted Ham & Cheese	\$2.00

Design your own Toasted Focaccia or Sandwich for LUNCH by adding any of the following; Cheese, Ham, Chicken, Tuna, Tomato, Grated Carrot, Pineapple, Onion, Avocado, 50¢ per extra ingredient. add free Sweet Chilli, Tomato or BBQ Sauce & Mayonnaise

These Must Be Ordered

COLD FOOD Available to Order for Lunch

Fresh WRAPS, ROLLS or SANDWICHES

Salad (No Meat)	\$3.00
Ham Salad	\$3.50
Chicken Salad	\$3.50
Tuna Salad	\$3.50
Add free Mayonnaise, Caesar Dressing or Sweet Chilli sauce	

Fresh Salad Tubs available for Lunch Ordering

Please indicate when ordering if Dressing is required	
GARDEN SALAD	\$3.00
CHICKEN, HAM or TUNA SALAD	\$4.00
(Add Egg &/or Avocado for 50¢each)	

HOT FOOD AVAILABLE FOR LUNCH ORDERING

CHICKEN & GRAVY ROLL	\$4.00
NACHOS	\$3.00

BEEF BURGERS

AUSSIE BEEF BURGER	\$4.50
CHEESE BEEF BURGER	\$3.50

CHICKEN, FISH or VEGGIE BURGERS

CHICKEN WORKS BURGER	\$4.50
HAWAIIAN CHICKEN BURGER	\$4.50
CHILLI CHICKEN BURGER	\$3.50
MAYO & CHEESE CHICKEN BURGER	\$3.50

CHICKEN TWIST	\$4.50
SMALL CHICKEN TWIST	\$3.00

CHICKEN SUB	\$4.50
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BEEF RAVIOLI & Bolognese Sauce	\$5.00
PASTA with Bolognese Sauce	\$4.00

CHICKEN FRIED RICE	\$4.50
FRIED RICE	\$3.50

TOASTED FOCACCIA – Ham & Cheese	\$3.00
TOASTED FOCACCIA – Chicken & Cheese	\$3.00

(Design your own as for Toasties)

JACKET POTATOES	\$5.00
Shredded Ham & Cheese	

or Bolognese Sauce & Cheese
With light Sour Cream or Margarine (indicate choice)

DRINKS

PLAIN (600ml)	\$2.00
Large CLASSIC MILK (500-600ml)	\$3.50
<i>(Chocolate, Strawberry, Banana)</i>	
Small CLASSIC MILK (375ml) (Chocolate)	\$2.40
NIPPY'S (Choc, Mocha, Strawberry, Coffee, Honeycomb, Banana & Vanilla)	\$2.00
POP-TOP (Apple, Orange or Apple & Blackcurrant)	\$1.70
BOTTLED WATER-750ml	\$2.00
-600ml	\$1.00

LIGHT SNACKS

Popcorn bag	50¢
Yoghurt fruit cups (120ml yoghurt & berries)	\$1.00
Custard Cup (120ml)	\$1.00
Fruit Muffins (made fresh daily)	\$1.00
Banana Bread	\$1.00
Dip & Crackers Combo	\$1.50
Dip (Salsa, Hommus or Tzatziki, as available)	80¢
Crackers (Wheat x6, Rice x8, Corn Chip x8)	80¢

FRUIT

Seasonal fruit when available	80¢
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ICECREAMS AND ICYPOLES

Available 12.40pm to 1pm

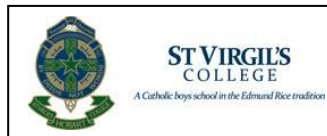
Frozen Yoghurts (Strawberry & Raspberry)	\$2.00
Paddle Pops (Chocolate, Choc-Mint or Rainbow)	\$1.50
Vanilla Cup (Low Fat)	\$1.20
Icy Pole Tubes	60¢

**ALL LUNCHEES MUST BE ORDERED. CANTEEN WILL BE OPEN FROM 8.20AM FOR LUNCH ORDERING.
FOR ALL LUNCHEES AND LUNCH TIME DRINKS PLEASE ORDER AT CANTEEN BEFORE SCHOOL.
YOU ARE RESPONSIBLE FOR COLLECTING YOUR OWN LUNCH FROM THE CANTEEN AT LUNCHTIME.
LUNCH ORDERS TO BE COLLECTED IN THE FIRST 5 MINUTES OF LUNCH GENERAL SALES STARTS**



FOOD AVAILABLE AT RECESS

All the Hot Food that is in Column 1 and all Drinks in Column 3 are available for purchase at Recess Time
Ice Creams and Cookies only available at Lunch time



LUNCH ORDER ONLY FOOD – LUNCH ORDER BEFORE SCHOOL

All Salad Wraps, Rolls and Sandwiches Contain;

Lettuce, Grated Cheese, Tomato, Carrot, Beetroot and Cucumber. Optional extras include Meat (Chicken or Ham), Egg, Pineapple, Mayonnaise, Italian or Caesar Dressing or Sweet Chilli Sauce if requested.

AUSSIE Beef Burger:

Beef Burger (made in the canteen), Lettuce, Tomato, Cheese, Onion, Beetroot & Tomato Sauce (option of BBQ or Sweet Chilli)

CHEESE Beef Burger:

Beef Burger (made in the canteen) with Sliced Cheese and Tomato Sauce

WORKS BURGER Chicken, Fish or Veggie:

Crumbed Burger, Lettuce, Cheese, Grated Carrot, Tomato & Mayo

HAWAIIAN BURGER Chicken, Fish or Veggie:

Crumbed Burger, Lettuce, Cheese, Grated Carrot, Tomato, Pineapple & Mayo

CHILLI BURGER Chicken, Fish or Veggie:

Crumbed Burger, Lettuce, Cheese and Sweet Chilli Sauce

CHEESE & MAYO BURGER Chicken, Fish or Veggie:

Crumbed Burger, Lettuce, Cheese & Mayonnaise.

CHICKEN TWIST: (SMALL TWIST has only 1 piece chicken)

2x Grilled Gluten Free Chicken Tenders, Lettuce, Cheese, Diced Tomato, Onion and Caesar Salad Dressing Wrapped in a warm Tortilla.

CHICKEN SUB:

2x Chilli Chicken Tenderloins, Lettuce, Cheese, Tomato and Caesar Dressing in a Long Bread Roll

TOASTED FOCACCIA:

A Focaccia filled with any Chicken or Ham and slices of cheese and Toasted.
You can Design your own using the list of Toastie ingredients on the Menu.

PASTA and RAVIOLI Dishes:

Topped with a meat bolognese sauce and grated tasty cheese. Vegetarian option is available on request.

FRIED RICE: (GF)

Steamed Rice mixed with Onion, Shredded Ham, Peas, Corn, Carrot, Capsicum and Soy Sauce. (CHICKEN added on request)

CHICKEN & GRAVY ROLL:

A long roll filled with hot roast chicken pieces and topped with chicken gravy.

JACKET POTATOES:

Cooked jacket potato topped with a choice of:

- Lean Shredded Ham with cheese
 - Carol's Bolognese sauce with cheese
- (we can add Margarine or light Sour Cream if requested)

NACHOS:

Corn Chips topped with mild Salsa, Grated Cheese and a spoonful of light Sour Cream (optional).

Toasted Sandwiches, Toasted Focaccias and Jacket Potatoes:

MAKE YOUR OWN Choose from Ham, Chicken, Tuna, Cheese and add Tomato, Grated Carrot, Onion, Pineapple, Capsicum, Avocado (when available), Sweet Chilli Sauce and Mayo. (If you would like something different, just ask!)

ALL COLUMN 1 AND COLUMN 2 HOT AND COLD FOODS AND COLUMN 3 DRINKS AND SNACKS ARE AVAILABLE FOR LUNCH ORDERING

LUNCH ORDERING: STUDENTS MUST ORDER THEIR LUNCH BEFORE SCHOOL IN THE MORNINGS OR BY USING ONE OF OUR ONLINE SYSTEMS

Students will be given a laminated food & drinks card to trade back in at lunch time for their ordered lunch.

Students are responsible for collecting their own lunch from the canteen at lunch time,

The first 5 minutes of lunch is for lunch order pickup only. If students are late to school then they can order at recess.

Very Limited Hot Food will be available over the Counter at Lunchtime. If you don't order you will miss out!!!