



1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

Learn to manage difficult behaviour in children 2–12 years old

A three-session program for parents and carers
at **St Virgil's Junior School**

6.30 — 8.30pm on Thursdays
30 October, 6 and 13 November

Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

Parents will receive:

A 1-2-3 Magic & Emotion Coaching Parent Workbook

Is there a registration Fee?

The course costs are covered by St Virgil's College.

For information or to register contact Ali Morse on 6234 2440 or email amorse@stvirgils.tas.edu.au

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realised quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control

Who is running it?

The presenters for this course are Gai Bath and Maxine Lowry who have completed Parentshop's 1-2-3 Magic® & Emotion Coaching practitioner training. Gai and Maxine are trained teachers and counsellors with a wealth of experience.



**ST VIRGIL'S
COLLEGE**
A Catholic boys school in the Edmund Rice tradition



Anglicare
TASMANIA

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au